



Mojito Sorbet

2 servings

10 minutes

Ingredients

- 1/2 Cucumber (large, chopped and frozen)
- 1/4 cup Mint Leaves (fresh)
- 1/2 Lime (juiced)
- 1 tbsp Maple Syrup
- 2 tbsps Water (cold)

Directions

- 1 Add frozen cucumber and mint to a food processor or high-powered blender and blend until completely shaved.
- 2 Add lime juice, maple syrup and water until well combined and smooth. Scoop into bowls and enjoy!

Nutrition

Amount per serving	
Calories	42
Fat	0g
Saturated	0g
Carbs	11g
Sugar	7g
Protein	1g
Cholesterol	0mg
Sodium	4mg